

FORTIFIED MARRIAGES

Building Strong Marriages Seminars & Workshops Offered

1. ***Married with Differences:*** Men and women marry drawn to each other by their differences. Once married, differences often cause conflict and division in relationships. This seminar will help couples discover and understand their differences and then learn about using their differences to build a strong marriage relationship. Three hours.
2. ***Boundaries & Relationships:*** Healthy Boundaries are important to healthy relationships and a strong marriages. This workshop helps couples understand boundaries and apply the concepts of boundaries to their marriages. *1.5 hours*
3. ***Effective Communication:*** This workshop helps couples learn how their differences affect interpersonal communication and also provides tools to improve communication as a couple. *2 hours*
4. ***Needs and the Marriage Relationship:*** Needs are an important aspect of the marriage relationship and understanding needs will strengthen your marriage. Discussion includes understanding needs and how needs work in healthy or unhealthy relationships. Participants learn ways to discover their spouse's needs and what they can do to meet those needs. *1.5 hours.*
5. ***Financially Together:*** It is critical that couples work together in the area of finances. This workshop helps couples discover their financial differences and provides practical information about how to meet financial challenges as a team. *1.5 hours*
6. ***Constructive Conflict:*** Conflict is a natural part of the marriage relationship and when handled in healthy ways, will strengthen the relationship. This workshop provides practical information and simple tools to help couples resolve conflict in healthy ways. *1.5 hours*
7. ***Loving Your Children as They Are:*** A parent's love is incredibly important in a child's life and parents need to understand how to love their children as they are. This workshop points out the Biblical importance of love in a child's life and helping parents understand their children's needs and needs for love. *1.5 hours.*
8. ***The Importance of Marriage:*** Marriage is important to the well-being of children and adults as well. This workshop helps couples understand the importance of marriage and challenges them to work on their marriage and make it all that it can be. *1 hour.*
9. ***Foundations for Marriage:*** One's view of his or her identity profoundly affects the marriage relationship. It is important to develop a Biblical of our identity "in Christ." This workshop discusses building the marriage relationship on the foundation of Jesus Christ and addresses forgiveness in marriage. *1.5 hours*
10. ***The Pursuit of Happily Ever-After:*** A workshop to help couples understand that happily ever after does not occur on the wedding day, but is a life-long process. Couples will learn Biblical concepts to help them develop a healthy growing marriage. *1.5 hours*
11. ***Team of Three Marriage Retreat:*** A weekend couples retreat to help couples understand and experience working together as a team. Couples learn about differences and experience using their differences to solve problems. This is a hands-on, experiential retreat that brings couples together in ways they have not experienced before.

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