

FORTIFIED MARRIAGES

Building Strong Marriages Seminars & Workshops

Chris and Carmen have presented seminars throughout the United States, Mexico, Central & South America and in Africa. Their blend of sound teaching, practical application and personal transparency helps couples understand God's design for marriage and relationships and apply those principles to their marriages.

Fortified Marriages Seminars and Workshops cover a wide variety of topics that can be tailored to meet the needs of your congregation. The seminars & workshops utilize couple and group exercises, movie clips and are:

- Informational
- Practical
- Challenging
- Life changing
- Fun



What People Are Saying...

"Practical. Real. Biblically based. Anyone will be helped. Anyone will be challenged. Chris and Carmen share insights to improve your marriage in a creative, honest and heartfelt way. Because they speak in a transparent manner, you will not feel judged or criticized. I personally benefited under their ministry. I laughed. I cried. I am healthier. Fortified Marriages Ministry will build stronger marriages." Pastor Roger Ball

"You were both very honest and transparent and real. Made me feel that you are a vessel, not something to 'live up to.'" Seminar Attendee

"Chris and Carmen Garner's marriage and family presentation is one of a kind. Their message is simple and practical for everyone to grasp and apply. They use their own life experiences to teach biblical truth! Their seminar is a must for every church that is in need of a dynamic marriage and family presentation that effectively will minister to all groups of people." Pastor Mike Molina

Seminars & Workshops Offered

1. ***Married with Differences:*** This seminar helps couples discover and understand their differences and then learn about using their differences to build a strong marriage relationship. *3 hr*
2. ***Boundaries & Relationships:*** Healthy Boundaries are important to healthy relationships and a strong marriages. This workshop helps couples understand boundaries and apply the concepts of boundaries to their marriages. *1.5 hours*
3. ***Effective Communication:*** This workshop helps couples learn how their differences affect interpersonal communication and provides tools to improve communication as a couple. *2 hours*
4. ***Needs and the Marriage Relationship:*** Needs are an important aspect of the marriage relationship and understanding needs will strengthen your marriage. Discussion includes understanding needs and how needs work in healthy & unhealthy relationships. Participants learn ways to discover their spouse's needs and what they can do to meet those needs. *1.5 hours.*

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5. **Financially Together:** It is critical that couples work together in the area of finances. This workshop helps couples discover their financial differences and provides practical information about how to meet financial challenges as a team. *1.5 hours*
6. **Constructive Conflict:** Conflict is a natural part of the marriage relationship and when handled in healthy ways, will strengthen the relationship. This workshop provides practical information and simple tools to help couples resolve conflict in healthy ways. *1.5 hours*
7. **Barriers to Intimacy:** This workshop defines intimacy, identifies the many barriers to intimacy and helps couples discover ways to fight against the barriers that keep intimacy from occurring in the marriage relationship. – *1.5 hour*
8. **Loving Your Children as They Are:** A parent's love is incredibly important in a child's life and parents need to understand how to love their children as they are. This workshop points out the Biblical importance of love in a child's life and helping parents understand their children's wants and needs for love. *1.5 hours.*
9. **The Importance of Marriage:** Marriage is important to the well-being of children and adults as well. This workshop helps couples understand the importance of marriage and challenges them to work on their marriage and make it all that it can be. *1 hr*
10. **Foundations for Marriage:** One's view of his or her identity profoundly affects the marriage relationship. It is important to develop a Biblical view of our identity "in Christ." This workshop discusses building the marriage relationship on the foundation of Jesus Christ and addresses forgiveness in marriage. *1.5 hours*
11. **The Pursuit of Happily Ever-After:** A workshop to help couples understand that happily ever after does not occur on the wedding day, but is a life-long process. Couples will learn Biblical concepts to help them develop a healthy growing marriage. *1.5 hours*
12. **Keeping Romance Alive:** This workshop discusses myths about romance and helps couples learn Biblical truths about romance and gain practical tools to increase romance in their marriage. *1 hour*
13. **Working Together to Meet the Challenges of Life:** Based on Ecclesiastes 4, this workshop discusses the need for husbands and wives to work together to meet the challenges they face daily, and provides practical information about how couples can work together. *1 Hour*
14. **Team of Three Marriage Retreat:** A weekend couples retreat to help couples understand and experience working together as a team. Couples learn about differences and experience using their differences to solve problems. This is a hands-on, experiential retreat that brings couples together in ways they have not experienced before.

*Contact Us for more information or to
schedule a seminar: 480-699-2515
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También disponible en Español*

